What is claimed:

1. A method of resolving a racemic mixture of a compound of formula I to obtain a desired enantiomer:

$$Ar \xrightarrow{O \atop R_5} O^{R_2}$$

wherein Ar is C_6 or C_{10} aromatic group that can be substituted with H, C_1 to C_6 alkyl, trifluoromethyl or halo, R_5 is halo or -S- R_1 , wherein R_1 is H or acetyl, and R_2 is H or C_1 to C_6 alkyl, the method comprising:

reacting a compound of formula I wherein the compound is an ester whereby R₂ is C₁ to C₆ alkyl with a lipase derived from *Mucor meihei* to stereoselectively hydrolyze the ester bond to produce an acid; and isolating the acid,

wherein the reaction is conducted in a solvent comprising 80% to 98% v/v% organic phase and a residue of water phase (which can be buffered).

- 2. The method of claim 1, wherein the solvent is selected to be effective to (a) produce an enantiomeric excess of the desired enantiomer of the acid of at least 88% and (b) preserve at least 90% of the enzymatic activity of the lipase.
- 3. The method of claim 1, wherein the lipase is immobilized on particles of a solid support.
- 4. The method of claim 1, wherein the organic component of the solvent comprises at least 80% t-butanol, acetonitrile or acetone.
 - 5. The method of claim 1, wherein R_1 is acetyl.
- 6. A method of stereoselectively producing a desired enantiomer of a compound of formula I:

$$Ar \xrightarrow{O \\ S \\ R_1} O \xrightarrow{R_2}$$

wherein Ar is C_6 or C_{10} aromatic group that can be substituted with H, C_1 to C_6 alkyl, trifluoromethyl or halo, R_1 is H or acetyl, and R_2 is H or C_1 to C_6 alkyl, the method comprising:

reacting Ar-CH2-X, where X is a leaving group, with

 R_4 -C(O)-C H_2 -C(O)O- R_{2*} , wherein R_{2*} and R_4 are independently C_1 to C_6 alkyl;

reacting a resulting compound of formula II:

with a halogenating agent which comprises an N-halo substituted amide, N-halosubstituted imide, N-halosubstituted thioamide, or N-halosubstituted thioimide as the halogenating moiety to produce, with or without an additional hydrolysis of the ester, a compound of formula III:

wherein Y is the leaving group;

reacting the compound of formula III with Z-S- R_1 *, wherein R_1 * is acetyl, and Z is K, Na, or other cation to produce a compound of formula I*: and

$$Ar \xrightarrow{O} O'^{R_2}$$

$$S$$

$$R_1^* \quad (I^*)$$

conducting one of the following stereoselective reactions:

(a)

- (1) reacting the compound of formula III with a hydrolase that is stereoselective for the ester;
- (2) isolating the desired resulting acid;
- (3) racemizing residual compound of formula III; and
- (4) conducting at least one additional iteration of steps (a)(1) and (a)(2) with the racemized residual compound of formula III, wherein the reacting with Z-S-R₁* is conducted with stereoselective inversion of the chiral carbon; or

(b)

- (1) reacting the compound of formula I* with a hydrolase that is stereoselective for the ester;
- (2) isolating the desired resulting acid;
- (3) racemizing residual compound of formula I*; and
- (4) conducting at least one additional iteration of steps b(1) and b(2) with the residual racemized compound of formula I*.
- 7. The method of claim 6, further comprising: crystallizing the compound of formula I* to obtain the compound of formula I* in increased enantiomeric purity.
- 8. The method of claim 7, wherein the isomeric purity of the compound of formula I* is at least 98%ee.
- 9. The method of claim 6, wherein the racemization steps of a(3) and b(3) comprises reacting with a catalytic amount of tetraalkylammonium halide.
- 10. The method of claim 6, wherein the halogenating agent is N,N-dibromo-5,5-dimethylhydantoin.

- 11. The method of claim 6, wherein the halogenating agent is N,N-dichloro-5,5-dimethylhydantoin.
 - 12. A method of preparing a compound of formula II:

$$Ar \bigcirc R_2$$

$$R_4 (II)$$

wherein R_2 and R_4 are independently C_1 to C_6 alkyl, the method comprising: reacting at least five equivalents of R_4 -C(O)- CH_2 -C(O)O- R_2 with ArCH₂Cl wherein Ar is C_6 or C_{10} aromatic group that can be substituted with C_1 to C_6 alkyl or halo, wherein the reaction is conducted in a solution consisting essentially of the reactants and no more than 1.2 molar equivalents of a base source of sodium, potassium, or lithium C_2 to C_6 alkoxide, which can be provided in the corresponding alcohol.

13. The method of claim 12, wherein the alkoxide concentration in the base source is at least 3 M.